

## PHYSICAL EDUCATION POLICY

### PURPOSE

The Physical Education program at St Albans Primary School promotes happy and healthy physical learning through explicit teaching of concepts and skills through the Victorian Curriculum sub-strands of Moving the Body, Understanding Movement, and Learning through Movement

### SCOPE

This policy applies to all students at St Albans Primary School.

### POLICY

This policy aims to:

- provide the basis for developing knowledge, understanding, and skills for students to lead healthy, safe, and active lives
- provide opportunities for students to work collaboratively, follow rules, and problem solve
- introduce and develop fundamental movement skills across a range of settings to improve competence and confidence

### Implementation

- All students participate in one session of Physical Education per week.
  - Year P-2 student learning is organised around the Fundamental Motor Skills
  - Year 3-6 student learning is organised around the Teaching Games for Understanding Model: invasion games, target games, individual pursuits, striking and fielding games, net and wall games.
- Learning Neighbourhoods participate in weekly group physical activity sessions with the following Victorian Curriculum focus areas:
  - Prep - Perceptual Motor Program
  - Year 1/2 - Active play and minor games, rhythmic and expressive movement activities
  - Year 3/4 – active play and minor games, challenge and adventure activities,
  - Year 5/6 - inter school sports (see below)
  - Year 5/6 students participate in inter school sports events including summer and winter seasons (weekly during semester 1), athletics and swimming carnivals and sports gala days. The Physical Education specialist will:
    - Select students to participate in events
    - Manage communication with District Coordinator ie. entries, scores
    - Organise permission notes
    - Organise transport, if required
    - Liaise with Business Manager to manager payments
- Year 3-6 students participate in a school athletics carnival. Results from their event are used to select students to complete in the District Athletics Competition.
- Students may also take part in additional whole school or group physical activity events ie. Jump Rope For Heart, BlueEarth

- The Physical Education specialist will lead implementation of structured play time activities in conjunction with Wellbeing Manager.
- Wellbeing Manager will coordinate after school physical activity programs ie. Sporting Schools

#### FURTHER INFORMATION AND RESOURCES

<https://victoriancurriculum.vcaa.vic.edu.au>

#### REVIEW CYCLE

This policy will be reviewed as part of the school's four year review cycle.

#### DOCUMENT STATUS

<b>Reviewed</b>	<b>School Council Ratification</b>	<b>Next Review</b>
School Council Meeting	June, 2019	June, 2023